



IFA EXPERT PROFICIENCY RATING CARD

NEW ADDRESS
P.O. BOX 38428
LOS ANGELES, CALIF. 90038

NAME _____

IF A No. _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

INTERNATIONAL FRISBEE[®] ASSOCIATION
Post Office Box 4, Alhambra, California 91802

[®] FRISBEE IS A REGISTERED TRADEMARK OF WHAM-O MFG.

CERTIFICATION

NAME: _____ has qualified in all the requirements for the rank of FRISBEE[®] Expert as attested by:

IF A Member _____

IF A Member No. _____

IF A Member _____

IF A Member No. _____

If IFA members not available (see Proficiency Manual)

Name _____

Occupation _____

Name _____

Occupation _____

Name _____

Occupation _____

APPROVED BY IFA BOARD OF GOVERNORS

THIS _____ DAY OF _____

EXPERT PROFICIENCY RATING QUALIFICATION

(See Proficiency Manual for Details)

ACCURACY (at 25 yards)

GROUP 1

Four Straight Flights _____

GROUP 2

Two Right-Curve Flights _____

GROUP 3

Two Left-Curve Flights _____

GROUP 4

Two Hover (or Floater) Flights _____

GROUP 5

Two Skip Flights _____

GROUP 6

DISTANCE

Up-wind _____ yds.

Up-wind _____ yds.

Down-wind _____ yds.

Down-wind _____ yds.

Average _____ yds.

(30 yards average to qualify) _____

GROUP 7

Two Underhand OR
Backhand Deliveries

Group _____ & _____

GROUP 8 (from within 10' square)

Boomerang Flight with Frisbee thrown
minimum of 20' out of square _____

CATCHING (at 25 yards)

Two consecutive catches with right hand _____

Two consecutive catches with left hand _____

One behind-the-back catch either hand _____

NOTE: Examiner please initial each group as completed.

NEW ADDRESS

P.O. BOX 38428

LOS ANGELES, CALIF. 90038



IFA

**AMATEUR PROFICIENCY
RATING CARD**

NAME _____

IFA No. _____

ADDRESS _____

CITY _____ STATE _____

ZIP _____

INTERNATIONAL FRISBEE[®] ASSOCIATION
Post Office Box 4, Alhambra, California 91802