

LA MIRADA DISC SPORTS

May 9, 1992



WELCOME !!!

Thanks for coming out to La Mirada Regional Park for the World's Biggest Disc Golf Tournament !

You are part of a landmark event in the brief history of disc golf. Never before has an event of this size and scope been attempted. An estimated 20,000 people will be playing at courses throughout the United States and around the globe in countries such as Norway, Japan, England, China, and Australia. More locally, the tournament is also being held at several courses in the San Francisco Bay area, in San Diego, and in Pasadena and Huntington Beach.

Today's global day of disc golf is the brainchild of promotional wunderkind "Rappin' John" Houck of Circular Productions in Austin, Texas, the overall coordinator of the event. His goal is to show the world how much fun disc golf is by holding "an event so big that everyone else will just have to notice".

HUNGRY ???

Stop by the tables near hole #18 and the tennis courts for some of your favorite quick and easy foods -- pizza, Mexican, cookies -- and soft drinks, brought to you by RG's Fresh Pizza and Pasta (located at Telegraph and Painter in Whittier).

SIMPLIFIED RULES / SAFETY

1. Begin each hole at the tee area, which will either be a concrete slab or marked on the sidewalk.
2. Before throwing toward the basket, make sure there is no one in any of your intended (or unintended) flight path. If your throw is heading toward someone, shout a warning.
3. Play your next shot from where your previous one landed. You can mark it with a mini (the official method) if you have one; otherwise use another disc.
4. When you get within the 10-meter (33 feet) putting range, you are no longer allowed to follow through and step past your lie. These are called "falling putts" and must be rethrown if they went in.
5. Streets, the parking lot, the softball fields, and the tennis courts are out-of-bounds, as is any shot that sticks in a tree above the 2-meter (6' 6") mark. There is a one-stroke penalty; play from where the disc was last in bounds (give yourself a playable shot).
6. If your shot lands in the lake bed or over the fence, move it back into play with no penalty.
7. Have fun !

More flying discs and related merchandise is available at :

Discovering The World
6272 Beach Blvd.
Buena Park, CA 90621
(714) 522 - 2202

ABOUT THE LA MIRADA DISC CLUB

The La Mirada Disc Club was formed in January 1991 to coordinate disc play in the La Mirada area. It is a nonprofit organization run by its members on a volunteer basis. The director is Conrad Damon.

The club has several main functions :

1. Organize local disc golf tournaments.

Such as today's. Monthly tournaments are held on the second Sunday of each month (2 rounds of 18 using handicaps, starts at 10:00). A major competitive tournament, the La Mirada Cup, will be held here October 15-18.

2. Provide maintenance and upgrades for the disc golf course.

A lot of miscellaneous day-to-day work is done by club members and other local players who donate both time and materials. The LMDC is also the vehicle through which relations with L. A. County Parks and Rec (San Gabriel District) are maintained.

3. Coordinate other disc activities.

Every Thursday evening at 7:00 (weather permitting) we meet near the upper tennis courts to play Double Disc Court (DDC for short). Twice a year the club puts on a one-day overall tournament featuring five events : golf, distance, accuracy, maximum time aloft, and DDC. The 1992 LMDC Spring Overall is tentatively scheduled for May 30.

Membership is \$20 (\$15 for under-16), for which you receive :

- Red collared golf shirt with club logo
- Golf disc (Roc or Shark) with club stamp
- 10% in-store discount at Discovering The World
- Quarterly newsletter
- Discounts on club merchandise and events

Once you join, yearly dues are \$5. If you're interested, talk to Conrad.

TIPS FOR NEW PLAYERS

The most effective way to throw a flying disc is in a line drive with disc flying flat and level to the ground. To do this, throw with your arm chest-high and close to your body; this will bring the disc up level. Try to keep the disc level throughout the throw. To make the disc curve left (lefties need to reverse the directions), lower your arm so that the outside (left) edge of the disc is lower than the right edge when you release it. To make it curve right, raise your arm so that you put the outside edge higher.

Troubleshooting : If you haven't had much experience throwing the small, heavy golf discs, they will probably be going to the left. That happens because the outside edge of the disc is dropping as you throw. If the disc is also flying up high in the air instead of in a line drive, you are probably also letting the back edge drop. Concentrate on keeping the disc level as you throw; it may be helpful to exaggerate the corrections. If you can get it to curve to the right, you're home free - just make smaller adjustments to throw straight.

AMATEUR LEAGUES

Amateur leagues are held three days a week at the park at the following times : Tuesday and Friday - 4:00 and 5:00; Sunday - 11:00, 12:30, and 2:30. Each round is nine holes. If you'd like to play, come out before the round and look for Mike Williams.

THANKS !!!

---> RG's Fresh Pizza and Pasta
---> Tim Biffle, Dennis Gordon, Tom Pitchford, and Larry Kretz for the maintenance they've done.
---> Mark and Dan at DTW
---> Leonard Muise of Face-to-Face Typography for the scorecards
---> John Houck for the Big Idea
---> Los Angeles County Parks and Rec (San Gabriel Valley District)

MONTHLY RESULTS

March 1992 16 players

1. Steve Valencia	41	43	84	\$45
2. Sam Ferrans	46	44	90	\$34
3. Mike Valenzuela	49/42	56/49	91	\$24
4. Travis Reynolds	49/48	49/48	96	\$12.50
4. Victor Soto	52/48	52/48	96	\$12.50

April 1992 19 open players

1. John Brooks	41	44	85	\$45
2. Randy Amann	42	44	86	\$35
3. Sam Ferrans	43	44	87	\$25
4. Victor Soto	47/43	48/44	87	\$20
5. Alex Felde	44/43	49/48	91	\$15
6. Marcus Cisneros	42	49	91	\$10

2 masters

1. Tom Pitchford	47	50	97	\$20
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Upcoming Tournaments

5/23 - 5/24	Fantasy Fling	Las Vegas, Nevada
		Mike Cloyes (702) 454 - 2144
5/30	1992 LMDC Spring Overall	
		LMDC (714) 739 - 8160
6/6 - 6/7		Huntington Beach, CA
		? -- call LMDC
6/13 - 6/14	Sylmar DG Champs.	Sylmar, CA
		Mike Byrne (805) 297 - 8201
6/20	San Francisco Safari	San Francisco, CA
	(amateur)	David Welty (510) 827 - 1556
6/21	San Francisco Safari	S. F.
	(pro)	D. Welty
7/5	pro tourney	Moraga, CA
		Pete D'Agostino (510) 376 - 6695
7/20 - 7/26	U.S. Open	Fort Collins, CO
	overall	Bill Wright (303) 484 - 6932
8/8 - 8/9	Aquatic Park Classic	Berkeley, CA
		Rett Smart (415) 843 - 5423
8/17 - 8/22	PDGA World Champs.	Detroit, MI
		Duane Utech (313) 656 - 5111
10/17 - 10/18	La Mirada Cup	La Mirada, CA
		Conrad Damon (714) 739 - 8160

For travel arrangements, call Rose at Quest Travel (800) 444 - 7518

Remember, if you belong to the La Mirada Disc Club, you have a 10% in-store discount at : Discovering The World

6272 Beach Blvd.

Buena Park CA 90621 (714) 522 - 2202