# World Class Master Proficiency Rating Form

Contestant: VIC MALAFRONTE

| | | | |
|---|---|---|---|
| Time In: | Out: | Time In: | Out: |
| Time In: | Out: | Time In: | Out: |
| Time In: | Out: | Time In: | Out: |
| Time In: | Out: | Time In: | Out: |

| Flight | Delivery | Sequence 1 | Sequence 2 | Sequence 3 | Sequence 4 | Sequence 5 | |
|---|---|---|---|---|---|---|---|
| Straight | Sidearm | XXX | | | | | |
| Straight | | | | | | | |
| Straight | | | | | | | |
| Hover | Sidearm | -XX- | | | | | -2 |
| Hover | | | | | | | |
| Right Curve | | XX--X | | | | | -2 |
| Right Curve | | | | | | | |
| Right Curve | | | | | | | |
| Left Curve | | ---XX | | | | | -3 |
| Left Curve | | | | | | | |
| Left Curve | | | | | | | |
| Skip Flight | Sidearm | XXX | | | | | |
| Skip Flight | | | | | | | |
| Skip Flight | | | | | | | |
| | | | | | | | |
| Distance | | | | | | | |
| Distance | | | | | | | |

| Catches: | | | | | | | |
|---|---|---|---|---|---|---|---|
| Behind the Back | | X | | | | | |
| Between the Legs | | X | | | | | |
| Behind the Head | | X | | | | | |
| Freestyle Tips | | X | | | | | |

**3 out of 5 throws, or catches, required in one sequence. A total of 60 minutes allowed in actual competition.**

-7

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Certified By: John Calder IFA 198

Steve Sewell Kelly Forgett

# Distance Throw Scoring Form

Date: _____

Certified By: _____

| Contestant | 1st Throw | 2nd Throw | 3rd Throw | 4th Throw | 5th Throw | Best of the 5 Throws |
|---|---|---|---|---|---|---|
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